

Return to On-Site Work

Health & Safety Best Practices

Health and safety best practices assume everyone could be an asymptomatic carrier of COVID-19.



Wear a face covering at all times unless you are alone in a room or you have an approved medical or safety exception. N-95 masks are not required for most situations. If the Safety and Health Team determines that a higher level of protection is needed, an approved face cover or respirator (PPE) will be provided.



Wash hands frequently with soap and water. Use hand sanitizer when hand washing is not possible or practical. Avoid touching your face.



PPE provided for work in certain facilities, such as hard hats, lab coats, and other wearable items, should not be shared unless absolutely necessary and thoroughly cleaned.



Gloves are only recommended for use while cleaning. Frequent handwashing provides better protection than wearing gloves.



Protective eyewear should be worn to the extent possible. Use can reduce the likelihood of airborne droplets contacting the eyes and face, and also serve as a reminder not to touch the eyes or face without first washing hands.



Reconfigure common areas to support proper social distancing or reduce occupancy. (Ensure seating is at least six feet apart).



Record the names, locations, dates and times worked by all on-site team members to the best of your capabilities. This is important for contact tracing if needed.



Use teleconferencing for routine meetings (even when on center) or meet outdoors when possible.



If you work in close proximity to others and must wear a face covering throughout the day, take periodic breaks in areas where you can remove your mask safely.



Avoid touching objects (desks, countertops, etc.) in common areas.



Where feasible, leave doors to common areas open to avoid touching doorknobs.



Avoid sharing vehicles while on-site. If you must share a vehicle, commonly touched surfaces should be cleaned after use.

***CDC Guidelines For What To Do If You Are Sick:**

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>